

LUNCH MENU

www.GoatGrill.com tel: 01-298 4145

Allergy Note: Our restaurant prepares and serves products that contain peanuts, tree

nuts, wheat, soy, milk, egg and fish.

Please be advised that we cannot guarantee any of our dishes are free of these and other allergens. Please inform your server of any food intolerance or allergy, you may have

ALLERGENS

1. Gluten (IA)Wheat (1B)Rye (1C)Barley (1D)Oats • 2. Crustaceans • 3. Eggs • 4. Fish • 5. Peanuts 6. Soy • 7. Milk • 8. Nuts (8A)Almonds (8B)Hazelnuts (8C)Walnuts (8D)Cashew (8E)Pecan (8F)Brazil (8G)Pistachio (8H)Macadamia 9. Celery • 10. Mustard 11. • Sesame 12. Sulphites • 13. Lupin • 14. Molluscs



WELCOME TO LUNCH AT THE GOAT

WE SOURCE LOCAL PRODUCE WHERE POSSIBLE AND OUR BEEF IS 100% IRISH. SERVICE CHARGE IS NOT INCLUDED; GRATUITIES ARE AT YOUR DISCRETION

R SEASONAL SOUP OF THE DAY €7.50 yed with Homemade Guinness & Black Treacle Bread 7, 14]
7, 14]
MEMADE SEAFOOD CHOWDER €15.50
y Fresh & Natural Smoked Fish, Wild Atlantic Prawns & ring Bay Mussels, Served with Guinness Treacle Brown Bread
7, 9, 12, 14] _Y'S SMOKED BBQ SALMON
LETTE €14.50
ved with Crème Fraîche, Aioli & Chives 3, 4, 7, 10]
N VALLEY CRISPY CHICKEN WINGS €16.00
red in Signature House Buffalo Sauce, Served with Blue ese Dip & Celery Stick [1(A), 7, 9]
CKEN LIVER PATE€14.00
ped with Port Wine Jelly. Served with an Apple & Grape tney and Toasted Brioche 7. 12]
^{7, 12]} RRATA BRUSCHETTA €14.00
sted Sourdough, Burrata, Cherry Tomatoes, Basil
MAIN DISHES
N SEARED FILLET OF
MORE QUAY HAKE€22.00
ved with Baby Potatoes, Seasonal Farm Vegetables,
rre Blanc & Herb Oil
12]
SH LAMB STEW€23.50
klow Lamb, Root Vegetables, Potatoes, Parsley & Chives, nemade Guinness and Black Treacle Bread
UTHERN FRIED BUTTERMILK
CKEN BURGER€19.00
ved with Lettuce, Beef Tomato, Pickles, Caramelised Red on, Smokey BBQ Sauce on a Toasted Brioche Bun,
ved with Fries 3, 7, 12]
E GOAT HALF POUND HEREFORD EF BURGER€19.50
led Double Dry-Aged Patty, Melted Smoked Cheddar,
eaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Onion & Pickle, on a Toasted Brioche Bun, Served with
S 3,7]
ADITIONAL KILMORE QUAY FISH & CHIPS€21.50
Chawke Legacy Battered Fillet of Haddock, Served with
nemade Tartar Sauce, Crushed Garden Peas & Fries
MEMADE BEEF LASAGNE €18.50
ered with Our Slow Cooked Beef Ragu, Creamy
hamel Sauce, Mozzarella & Parmesan, Served with

MAIN DISHES **ME ROAST ANGUS IRISH BEEF PRICED DAILY** Fed Irish Herford Beef, Creamed Mash, Stuffing, Fat Roast Potato, Seasonal Vegetables & Gravy SECOND JOINT OF THE DAY_ PRICED DAILY e ask your server about todays roast & Allergens STEAK SANDWICH_ €24.00 irloin Steak, Toasted Ciabatta, Shoestring Onions, Forest Mushrooms, Dressed Rocket, Aioli, Served with er Sauce & Fries 7.10.13 SPICED LENTIL & CHICKPEA CURRY Curry with Coconut, Lime, Peanut & Fresh Coriander. Served Crispy Poppadom, Basmati Rice & Naan Bread HICKEN €4 OR PRAWN €6 6, 12) IF ADD (2) **GOATS STIR FRY** €18.50 ried Vegetables Tossed in House Ginger & Oyster e Served with Rice or Noodles ADD CHICKEN €4 OR PRAWN €6 OF THE DAY_ €21.00 e Ask Your Server for this Week's Pie D MUSHROOM & TRUFFLE RISOTTO €19.00 Forest Mushrooms, Parmesan Cheese, Truffle Oil, Crispy et Leaves [1(A), 3, 7] **SEASONAL SALADS**

TRADITIONAL CAESAR SALAD____€14.00

Cos Lettuce Leaf Dressed in Homemade Caesar Dressing, Smoked Tom Lynch Bacon, Croutons & Parmesan Cheese ADD CHICKEN E4

[1(A), 3, 4, 7, 10, 12]

ARDSALLAGH GOATS CHEESE SALAD €14.00

Salt Baked Beetroot, Rocket leaves, Honey & Balsamic Reduction, Toasted Almonds

ADD CHICKEN €4

[1(A), 3, 6, 7, 8, 12]

GOURMET SANDWICHES & WRAPS

Our Gourmet Sandwiches are served with Fries or Soup

GRILLED HAMBO_______€14.50
Red Cheddar Cheese, Baked Limerick Ham,

Grilled on Sourdough

CHAR-GRILLED CHICKEN BAGUETTE €14.50

Garlic & Thyme Char Grilled Chicken, Sun Blushed Tomatoes, Red Onion, Rocket, Basil Mayo

[1(A), 3, 7, 10, 12]

Toasted Garlic Bread & Fries [1(A), 3, 7, 9, 12] ALLERGENS