





## WELCOME TO LUNCH AT THE GOAT

WE SOURCE LOCAL PRODUCE WHERE POSSIBLE AND OUR BEEF IS 100% IRISH.  
SERVICE CHARGE IS NOT INCLUDED; GRATUITIES ARE AT YOUR DISCRETION

### STARTER SELECTION

#### OUR SEASONAL SOUP OF THE DAY €7.50

Served with Homemade Guinness & Black Treacle Bread

[1(A), 7, 14]

#### HOMEMADE SEAFOOD CHOWDER €15.50

Daily Fresh & Natural Smoked Fish, Wild Atlantic Prawns & Roaring Bay Mussels, Served with Guinness Treacle Brown Bread

[2, 4, 7, 9, 12, 14]

#### FRESH PRAWN AND SMOKED

#### SALMON SALAD €14.50

Mixed Leaves, Cherry Tomato, House Lemon Marie Rose Dressing

[2, 3, 4, 10]

#### GLIN VALLEY CRISPY CHICKEN WINGS €16.00

Glazed in Signature House Buffalo Sauce, Served with Blue Cheese Dip & Celery Stick

[1(A), 7, 9]

#### CHICKEN LIVER PATE €14.00

Topped with Port Wine Jelly. Served with an Apple & Grape Chutney and Toasted Brioche

[1(A), 7, 12]

#### BLOOD ORANGE BURRATA €13.50

Burrata with Blood Orange, Mixed Garden Leaf Coriander Seeds & Hot Honey

[7]

### MAIN DISHES

#### PAN SEARED FILLET OF KILMORE QUAY HAKE €22.00

Served with Baby Potatoes, Seasonal Farm Vegetables, Beurre Blanc & Herb Oil

[4, 7, 12]

#### BANGERS & MASH €18.50

Grilled Pork and Leek Sausage, Creamed Mash, Rich Onion Gravy & Crispy Shoestring Onions

[1(A), 12]

#### SOUTHERN FRIED BUTTERMILK

#### CHICKEN BURGER €19.00

Served with Lettuce, Beef Tomato, Pickles, Caramelised Red Onion, Smokey BBQ Sauce on a Toasted Brioche Bun,

Served with Fries

[1(A), 3, 7, 12]

#### 8OZ ANGUS BEEF BURGER €19.50

Served with Red Cheddar Cheese, Beef Tomato, Pickles, Lettuce & Mayonnaise on Toasted Brioche Bun, Served with Fries

[1(A), 3, 7]

#### TRADITIONAL KILMORE QUAY FISH & CHIPS €21.50

Bill Chawke Legacy Battered Fillet of Haddock, Served with Homemade Tartar Sauce, Crushed Garden Peas & Fries

[1(A)&(C), 3, 4]

#### HOMEMADE BEEF LASAGNE €18.50

Layered with Our Slow Cooked Beef Ragu, Creamy Bechamel Sauce, Mozzarella & Parmesan, Served with Toasted Garlic Bread & Fries

[1(A), 3, 7, 9, 12]

### MAIN DISHES

#### PRIME ROAST ANGUS IRISH BEEF PRICED DAILY

Grass Fed Irish Herford Beef, Creamed Mash, Stuffing, Duck Fat Roast Potato, Seasonal Vegetables & Gravy

[1(A), 7]

#### OUR SECOND JOINT OF THE DAY PRICED DAILY

Please ask your server about today's roast & Allergens

#### 6OZ STEAK SANDWICH €24.00

6oz Sirloin Steak, Toasted Ciabatta, Shoestring Onions, Wild Forest Mushrooms, Dressed Rocket, Aioli, Served with Pepper Sauce & Fries

[1(A), 3, 7, 10, 13]

#### THAI SPICED LENTIL & CHICKPEA CURRY €16.50

Thai Curry with Coconut, Lime, Peanut & Fresh Coriander. Served with Crispy Poppadom, Basmati Rice & Naan Bread

ADD CHICKEN €4 OR PRAWN €6

[1(A), 5, 6, 12] IF ADD (2)

#### THE GOATS STIR FRY €18.50

Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles

ADD CHICKEN €4 OR PRAWN €6

[1(A), 3, 6, 12]

#### PIE OF THE DAY €19.50

Please Ask Your Server for this Week's Pie

#### MEDITERRANEAN RISOTTO €19.00

With Sun Dried Tomato, Green Peas, Mascarpone, Parmesan & Basil Leaves

[7, 12]

### SEASONAL SALADS

#### TRADITIONAL CAESAR SALAD €14.00

Cos Lettuce Leaf Dressed in Homemade Caesar Dressing, Smoked Tom Lynch Bacon, Croutons & Parmesan Cheese

ADD CHICKEN €4

[1(A), 3, 4, 7, 10, 12]

#### ARDSALLAGH GOATS CHEESE SALAD €14.00

Salt Baked Beetroot, Rocket leaves, Honey & Balsamic Reduction, Toasted Almonds

ADD CHICKEN €4

[1(A), 3, 6, 7, 8, 12]

### GOURMET SANDWICHES & WRAPS

Our Gourmet Sandwiches are served with Fries or Soup

#### GRILLED HAMBO €14.50

Red Cheddar Cheese, Baked Limerick Ham, Grilled on Sourdough

[1(A), 3, 7]

#### THE BLT €14.50

Grilled Smoked Bacon, Tomato, Lettuce with Mayonnaise on Toasted Sourdough

[1(A), 3, 7]

### ALLERGENS

1. Gluten (1A)Wheat (1B)Rye (1C)Barley (1D)Oats • 2. Crustaceans • 3. Eggs • 4. Fish • 5. Peanuts 6. Soy • 7. Milk • 8. Nuts (8A)Almonds (8B)Hazelnuts (8C)Walnuts (8D)Cashew (8E)Pecan (8F)Brazil (8G)Pistachio (8H)Macadamia 9. Celery • 10. Mustard 11. Sesame 12. Sulphites • 13. Lupin • 14. Molluscs