

# LUNCH

## STARTERS

**OUR SEASONAL SOUP OF THE DAY** €7.00

Served with Homemade Guinness & Black Treacle Bread  
( 1(A&C) 3, 7, 9, 12 )

**CREAMY KILMORE QUAY SEAFOOD CHOWDER** €14.00

Smoked Mackerel, Cod & Salmon, bound in a Dill and Lemon Velouté, and served with Homemade Guinness Brown Bread  
( 1, A&C, 4, 7, 9, 12, 14 )

**GLIN VALLEY CHICKEN WINGS** €14.00

Served with Celery Battons, and Cashel Blue Aioli. Choose from Franks Hot Sauce, or Korean BBQ Sauce  
( 3, 6, 7, 9, 10, 11 )

**ROASTED RED PEPPER & SWEET RED ONION BRUSCHETTA** €9.50

Honey & Thyme Infused Goats Cheese, with Heirloom Tomatoes and an Aged Balsamic Dressing  
( 1(A) 7, 8(B) )

**KING PRAWN COCKTAIL** €13.50

With Pickled Cucumber, Vine Cherry Tomatoes, Marie Rose Sauce, and Served with Homemade Guinness & Black Treacle Bread  
( 1(A&C) 2, 3, 4, 9, 12, 14 )

## SALADS

**THE GOATS CAESAR SALAD** €14.00

Served with Garlic & Herb Sourdough Croutons, Crisp Pancetta, Baby Gem Lettuce, Aged Parmesan, and a Creamy Caesar Dressing

**ADD CHICKEN** €4.00  
( 1(A) 3, 4, 7, 10, 12 )

**SHREDDED DUCK SALAD** €19.50

Served with Egg Noodles, Chinese Cabbage, Watercress, Mooli, Chillli, Radish, Ginger, Toasted Sesame Seeds, with an Orange & Soy Dressing  
( 1(A) 3, 4, 5, 6, 11, 12 )

**MEDITERRANEAN FALAFEL BUDDHA BOWL** €17.50

Roasted Sweet Potato, Chickpeas, Pickled Carrot, Kale, Red Cabbage, Quinoa, Red Onion & Hummus

**ADD CHICKEN** €4.00  
( 9, 12, 14 )



## MAINS

**PRIME ROAST ANGUS IRISH BEEF** €19.00

Grass Fed Irish Hereford Beef, with Irish Butter Mash, Duck Fat Roast Potato, Seasonal Vegetables & Gravy made from Roasting Juices  
( 7, 9, 12 )

**OUR SECOND TRADITIONAL JOINT OF THE DAY** €18.50

Served with Irish Butter Mash, Duck Fat Roast Potato, Seasonal Vegetables & Gravy made from Roasting Juices. Please ask your Server for todays second joint  
( 7, 9, 12 )

**HOMEMADE LASAGNE AL FORNO** €18.00

Layered with our Slow Cooked Beef Ragu, Creamy Bechamel Sauce, Melted Buffalo Mozzarella & Aged Parmesan. Served with Toasted Garlic Ciabatta & Fries  
( 1(A) 3, 4, 7, 9, 10, 12 )

**SOUTHERN FRIED BUTTERMILK CHICKEN BURGER** €18.50

Served with Crisp Lettuce, Sliced Tomato, Caramelised Red Onion on a Toasted Brioche Bun, with Smokey BBQ Sauce, Slaw & Fries  
( 1(A) 3, 6, 7, 9, 10, 12 )

**THE GOAT'S HALF POUND HEREFORD BEEF BURGER** €19.50

A Grilled Double Dry-Aged Patty, Applewood Cheddar, Streaky Rashers, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle on a Toasted Brioche Bun Served with Fries  
( 1(A) 3, 7, 10, 12 )

**TRADITIONAL KILMORE QUAY FISH & CHIPS** €19.50

Fillet of Hake, in a Crisp Bill Chawke Legacy Lager Batter, with Homemade Tartare Sauce, Garden Pea Purée & Lemon Wedge  
( 1(A) 3, 4, 7, 10, 12 )

**FRAGRANT THAI SPICED LENTIL & CHICKPEA CURRY** €16.50

Coconut, Lime, Peanut & Fresh Coriander. Served with Crispy Poppadoms, Basmati Rice & Naan Bread

**ADD CHICKEN** + €4.00

**ADD PRAWN** + €5.00  
( 1(A) 2, 5, 6, 11, 12, V&VE )

**HOMEMADE SHEPHERD'S PIE** €17.50

Served with Honey Roasted Vegetables & Garden Peas  
( 4, 7, 9, 12 )

**OPEN STEAK SANDWICH** €21.00

Grilled 6oz Dry Aged, Grass Fed Irish Hereford Sirloin Steak, served with Sticky Onions, Rocket, and Sweet Garlic Aioli on Toasted Sourdough  
( 1(A) 3, 6, 7, 9, 10, 12 )

**GOURMET SANDWICHES**

**TODAY'S HOT ROAST JOINT SAMBO** €14.50

Please ask your server  
( 1(A) 6, 7, 9, 12 )

**SLOW HONEY ROAST IRISH HAM** €13.50

Served with Melted Dubliner Cheddar, Sliced Tomato & Caramelised Red Onion on Toasted Sourdough  
( 1(A) 3, 6, 7, 9, 10, 12 )

**PULLED CORONATION CHICKEN** €13.50

Served with Curried Mayonnaise, Crème Fraîche & Mango Chutney, Baby Watercress & Scallions, on a Toasted Waterford Blaa  
( 1(A) 7, 12 )

**MELTED BUFFALO MOZZARELLA** €13.50

Served with Grilled Italian Vegetables, Harissa Spiced Hummus, Sun Blushed Tomatoes & Basil on Toasted Focaccia  
( 1(A) 7, 12 )

**THE GOAT'S WRAP OF THE DAY** €13.50

Please ask your server  
( 1(A) 12 )

**ALL SANDWICHES SERVED WITH FRIES OR SOUP**



€14.50

€13.50

€13.50

€13.50

€13.50



**SIDES** €5.50

- FRIES
- IRISH BUTTER MASH ( 7, 12 )
- HONEY ROAST VEGETABLES ( 12 )
- CRISPY CAJUN SPICED BATTERED ONION RINGS ( 1(A) )

## DESSERT

**WARM DARK CHOCOLATE BROWNIE** €8.50

Served with Salted Caramel Sauce, and a Raspberry Sorbet  
( 1(A) 3, 7 )

**WARM BRIOCHE BUTTER PUDDING** €8.50

Served with Strawberry Compote, and Bourbon Vanilla Ice-Cream  
( 1(A) 3, 7 )

**CADBURY'S CHOCOLATE CHEESECAKE** €8.50

Served with Seville Orange Sorbet, and a Blackcurrant Coulis  
( 1(A) 3, 7, 8(B) )

**CLASSIC ETON MESS** €8.50

Served with a Strawberry and Raspberry Compote, and Bourbon Vanilla Ice-Cream  
( 1(A) 3, 7, 8(B) )

**SELECTION OF ICE-CREAM** €6.50

Please ask your server  
( 3, 7 )

**SELECTION OF TEA, COFFEE & HERBAL TEAS AVAILABLE**



1. Gluten (1A) Wheat (1B) Rye (1C) Barley (1D) Oats 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soy 7. Milk 8. Nuts (8A) Almonds (8B) Hazelnuts (8C) Walnuts (8D) Cashew (8E) Pecan (8F) Brazil (8G) Pistachio (8H) Macadamia 9. Celery 10. Mustard 11. Sesame 12. Sulphites 13. Lupin 14. Molluscs V – Vegetarian. VE – Vegan. GF – Gluten Free.

“ Our restaurant prepares and serves products that contains peanuts, tree nuts, wheat, soy, milk, egg and fish. To ensure our guests' safety, we cannot guarantee any of our products are free of those allergens. If you suffer from an intolerance or allergy, please ask your server for a full list of allergens used ”



*The*  
**Goat**  
*Lounge Bars*



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## LUNCH MENU

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# MENU

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### The Goat Bar & Grill

14 Lower Kilmacud Rd, Mountanville, Dublin, D14 PY56

(01) 298 4145 [thegoatbar@gmail.com](mailto:thegoatbar@gmail.com)

Lunch Served from 12:15pm – 4pm

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